



STAT Lesson Plan for English Language Learners

Handwashing - Lavarse Las Manos

Lesson Duration: 30-40 minutes

Standards (as needed or required):

Lesson Objectives:

- Student will be able to **understand** the importance of washing their hands to stay healthy.
El estudiante podrá entender la importancia de lavarse las manos para mantenerse saludable.
- Student will be able to **practice** washing their hands using a black light and Glo Germ Gel.
El estudiante podrá practicar lavarse las manos usando una luz ultravioleta y Gel de Germen Glo.
- Student will be able to **match** vocabulary words given with their correct image.
El estudiante podrá emparejar las palabras dadas con su imagen correcta.

I Can Statements:

- I can **understand** the importance of washing my hands to stay healthy.
Puedo aprender la importancia de lavarme las manos para mantenerme saludable.
- I can **practice** washing my hands using a black light and glo germ gel.
Puedo practicar lavando mis manos usando una luz ultravioleta y gel de germen glo.
- I can **match** words with their correct image.
Puedo emparejar las palabras con sus imágenes correspondientes.

Lesson Instructions

Language Note: *The following lesson is intended to be taught entirely in Spanish or the student's native language for beginning English Language Learners. If your students are more advanced, these same lessons can be taught using as much English as is appropriate.*

While there may be a variety of available activities, it is important to select the particular activities that can be used for group or individual practice to meet the needs of the students. The objective is for students to practice with engaging activities that will enable them to practice what they are learning.

Materials Needed (click on links to open)

- [Glo Germ Gel](#) (can be purchased online)
- Black light flashlight
- [Poster Board Hand](#) with Velcro images of germs (optional)
- Cut out [Vocabulary for Handwashing Lesson](#)
- [Quizlet](#)
- [EdPuzzle](#)
- Quia [with answers/without answers](#)
- Copies of [Pre-/Post-Test](#)



Target Vocabulary/Phrase

- Wash your hands
- Germs
- Pesticides
- Nicotine
- Poop/Feces
- Dirt
- Soap
- Clean
- Dirty
- Water

Pre-Test Questions

1. What is something that makes your hands dirty?
2. How many seconds should you wash your hands?
3. What should you use when washing your hands?
4. What is a chemical often found on plants?
5. What is this a photo of?

Introduction/Opener/Activate Prior Knowledge

- As a group, open up the lesson asking students what they know about washing their hands and why it is important. Ask students how often they wash their hands and for how long.
- When should we wash our hands?
- Can anyone tell me how to say *pesticidas* in English?
- Instructor may follow with introducing vocabulary terms and or lead with the Poster Board Hand exercise placing each word and image with Velcro onto the hand.



Introduce Key Vocabulary:

Instructor will go through each word in English, Spanish, and practice pronunciation.

- *I say: dirt, We say: dirt, You say: dirt.*
- Instructor may put their finger on their chin as a signal for when the instructor speaks and on their ear for when students speak. Say the words/phrases in English and have students repeat. Continue this method for each vocabulary word chosen.
 - Repeat the word *dirt*.
 - Look at your big thumb and say *dirt*.
 - What is this a picture of?
 - Yell out the word *dirt*/ whisper the word *dirt* etc.
- Vocabulary words **taught/adjusted** to OSY work environment.
 - Repeat the term and give feedback until the student closely mimics your pronunciation.

In-Person Activity 1: Give each student an image and or word card related to the lesson.

Place each image onto a piece of Velcro that will attach to the hand. Have students match up images with the correct term. Create a conversation around things we may touch. Ex. nicotine residue, dirt, bacteria, etc.

In-Person Activity 2: Have a student or volunteer come up to receive a drop of Glo Germ Gel. Have the student rub this gel all over their hands as they would lotion. Next take a black light flashlight and shine it on their hands. This will reveal germs and other bacteria shown that may be on their hands. Then have the student wash their hands as they normally would. Shine the blacklight flashlight onto their hands to reveal areas they may have missed while washing. Share with students how germs can stick to our hands and can make us sick. Include the importance of washing your hands for 20 seconds. Explain why it is important to wash our hands and demonstrate scrubbing every part of your hands. Explain to students to watch carefully as they will be tested on how well they wash their hands.

**** Make sure to have students apply Glo Germ Gel first before teaching them the proper way to wash their hands.**

Virtual Activities:

- Students practice vocabulary using [Quizlet](#).
- [EdPuzzle video](#)
- [VIDEO: Germs, Bacteria, and Diseases Living on Your Phone](#)



Extension Activity/Connections to Other Topics

- Direct students to the **English for Daily Life Lessons** to extend their learning.
- (Optional) The instructor can voice record all of the vocabulary associated with this lesson. Have the student listen to the recording every day for one week. When the student has memorized the vocabulary, have them send a voice recording to the teacher using either WhatsApp or My Memos.

Post-Test Questions

1. What is something that makes your hands dirty?
2. How many seconds should you wash your hands?
3. What should you use when washing your hands?
4. What is a chemical often found on plants?
5. What is this a photo of?

BONUS: Using soap keeps our hands_____.

Wrap-Up/What Have Students Learned?

- Revisit the “I can” statements at the beginning of the lesson to determine what students have learned and what they can practice more on their own.

Next Steps for Individual Student Practice

- Students practice using their vocabulary and washing their hands often.

Instructor Reflection

- When did students struggle?
- When did students experience success?
- Where to continue for the next lesson?
- Other ideas for the future?