



Activity 8.2

What Would You Do? (Amanda Example)

Objective:

- It is helpful to think proactively about how to respond to statements that may be red flags for risk of suicide.

Steps:

1. Show the PowerPoint slide that has the following statements made by Amanda:
 - a. “I plan to give my championship soccer ball away to my best friend.”
 - b. “I wonder if anyone would notice I’m gone?”
 - c. “Why doesn’t anyone care?”
2. Divide participants into groups to discuss:
 - a. What would you do?
 - b. What are some other statements that could be red flags?
3. Have the entire group discuss:
 - a. What should we listen for in order to discern when a student may be having suicidal thoughts?